

Dr Ifigeneia Manitsa PhD AFHEA

Research Fellow in Youth Mental Health, [Institute for Mental Health](#), School of Psychology,
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Academic Appointments (Post PhD)

- Jan 2024** - Research Fellow, School of Education, University of Birmingham
Present
- Sep 2022** - Research Fellow in Youth Mental Health, Institute for Mental Health,
Present School of Psychology, University of Birmingham

Education

- Oct 2017 – Nov 2022** Ph.D. in the Department of Psychology, School of Law, Social and Behavioural Sciences within the Faculty of Business and Social Sciences, Kingston University London, United Kingdom.
Thesis title: The social inclusion of adolescents with visual impairments: a multidimensional approach.
Supervisors: Dr Fiona Barlow-Brown, Emerita Professor Evanthia Lyons, Dr Maria Livanou
- Jan 2019** - Associate Fellowship of the Advance HE (formerly Higher Education
Jun 2019 Academy)
- Nov 2013** - MSc in Pedagogy
Apr 2016 Primary field: Special Education, Department of Philosophy and Pedagogy, Aristotle University of Thessaloniki, Greece.
Dissertation title: The experiences of studies in higher education from the perspective of students with visual impairments.
Grade: 9.20/10 (1st)
Supervisor: Dr Maro Doikou
- Oct 2009** - Degree in School of Primary Education, Aristotle University of Thessaloniki,
Jul 2013 Greece.
Grade: 8.02/10 (2:1)

Funding and Awards

- Sep 2023 – Aug 2024** – **Thomas Pocklington Trust Research Grant, United Kingdom – FR-00495**
 Grant amount: £47,599.00
Project title: Developing university guidance for the socio-emotional needs of students with Vision Impairment
 Role: Principal Investigator (PI)
- Jan 2024 – Sep 2024** – **First Grants and Kickstarter Schemes, Kingston University London**
 Grant amount: £9,930
Project title: Redefining sleep: Empowering autism through a participatory approach
 Role: Co-Investigator
- Sep 2023 – Dec 2023** – **Successful IAS Workshop proposal [Propose an IAS Workshop - University of Birmingham](#): Promoting the school inclusion of children and adolescents with sensory impairment: The development of a digital intervention**
 Outcome: The Institute for Global Innovation within the University of Birmingham agreed to organise and support a one-day workshop with refreshments and lunch for up to 15 participants, and hybrid facilities to allow external participation. This workshop will bring together colleagues from the Schools of Psychology, Education, Computer Science and Chemistry, King’s College, Birmingham City Council and Bristol City Council
 Role: Principal Investigator (PI)
- Mar 2023** – **Conference Travel Fund, School of Psychology, University of Birmingham**
 Grant amount: £350
- Mar 2023** – **College of Life and Environmental Sciences – Impact Fund, University of Birmingham**
Activity title: Engaging with Eye-YPAG <https://generationr.org.uk/eye-ypag/>
 Grant amount: £500
- Jan 2023** – **Conference Travel Fund, School of Psychology, University of Birmingham**
 Grant amount: £165
- Dec 2022 – Jul 2023** – **Public Engagement Fund, University of Birmingham**
 Grant amount: £1,990.00
Project title: Meeting the social-emotional needs of adolescents with sight impairment and preventing school exclusion: The development of a digital intervention based on an adolescent and adult advisory group
 Role: Principal Investigator (PI)

- Sep 2022 – Jul 2023** **Santander Universities**
 Developing Minds Lab, Kingston University London
 Grant amount: £20,750.00
Project title: Supporting autistic students in higher education
 Role: Co-Investigator and External Collaborator
- Sep 2022** **Conference Travel Fund, School of Psychology, University of Birmingham**
 Grant amount: £540
- Sep 2022** **Conference Travel Fund, Institute for Mental Health, University of Birmingham**
 Grant amount: £815
- Feb 2022** **‘Making the Future’: An interdisciplinary series of postgraduate conferences at Kingston**
 Kingston University London
 Grant amount: £900
 Role: Co-Organiser
- July 2021** **Academic Impact Award Nominee**
 Finalist for the Best Postgraduate Teacher Award Kingston University London based on BSc and MSc students’ nominations for exceptional Teaching
- May 2021 – Jul 2021** **Equality Diversity and Inclusion Research Fund (ediRF)**
 School of Law, Social and Behavioural Sciences, Kingston University London
 Grant amount: £4,500.00
Project title: Exploring the service experiences of LGBTQ+ youth with special education needs and disabilities: A multi-perspective focus group study
 Role: Co-Investigator
- Jan 2021 – July 2021** **GRS Activity Support Fund Award**
 Graduate Research School, Kingston University London
 Grant amount: £200
- Jan 2020 – Jan 2021** **Sight for Surrey Vision Rehabilitation Services - RCP 10157**
 The National Lottery Community Fund and Sight for Surrey
 Grant amount: £10,000.00
Project title: How do specialist vision rehabilitation services impact the lives of children and adolescents with visual impairments?
 Role: Co-Investigator and Principal Researcher
- Apr 2020 – Jul 2020** **“Research during lockdown” Fund**
 Faculty of Business and Social Sciences, Kingston University London
 Grant amount: £600
Project title: The impact of COVID-19 outbreak on young adults’ alcohol and cigarette consumption
 Role: Co-Investigator

- May 2019** **PhD Research Grant**
Sir Richard Stapley Educational Trust
Grant amount: £1,000
- Jun 2019** **1st prize for the Best New Researcher**
10th Annual Faculty of Business and Social Sciences (FBSS)
Conference, Kingston University London
Paper: Self-concept in adolescents with visual impairments
- Nov 2013** **Came first after written and oral examinations, in the field of Special Education**
MSc of Pedagogy
Aristotle University of Thessaloniki, Greece (2013)

Publications

Peer-reviewed publications

- Day, Ed., **Manitsa, I.**, Farley, A., & Kelly, J. (accepted). A nationally representative survey of overcoming a drug or alcohol problem in the UK.
- **Manitsa, I.** (2023). Conceptualising social inclusion and examining its relationship with social competence. *British Journal of Visual Impairment*. <https://doi.org/10.1177/02646196231212744>
- Heneghan, A., **Manitsa, I.**, Livanou, M., & Treasure, J. (2023). The perceived experiences of having a sibling with an eating disorder: A systematic review of the literature. *European Eating Disorders Review*. <https://doi.org/10.1002/erv.3051>
- Day, Ed., **Manitsa, I.**, Farley, A., & Kelly, J. (2023). A UK national study of prevalence and correlates of adopting or not adopting a recovery identity among individuals who have overcome a drug or alcohol problem. *BMC Substance Abuse Treatment, Prevention & Policy*. <https://rdcu.be/droEY>
- **Manitsa, I.**, Barlow-Brown, F., & Livanou, M. (2023). Evaluating the role of social inclusion in the self-esteem and academic inclusion of adolescents with vision impairment. *British Journal of Visual Impairment and Blindness*. <https://doi.org/10.1177/02646196231183888>

Currently the eight most read in the British Journal of Visual Impairment, a key journal in the field of vision impairment.

- Livanou, M., Bull, M.*, **Manitsa, I.***, Hunt, J., Lane, R., & Heneghan, A. (2023). Coproducing a complex psychosocial intervention during Covid-19 with young people transitioning from adolescent secure hospitals to adult services in England: moving Forward intervention (MFi). *Child and Adolescent Mental Health*. *Second authorship; authors contributed equally.
- **Manitsa, I.**, & Barlow-Brown, F. (2022). The role of habilitation services in the lives of children and adolescents with visual impairments. *British Journal of Visual Impairment*. <https://doi.org/10.1177/02646196221144870>

Currently the ninth most read in the last six months in the British Journal of Visual Impairment.

- Montague, A., **Manitsa, I.**, & Barlow-Brown, F. (2022). A qualitative insight into factors pertaining to alcohol consumption among young adult women during the COVID-19 outbreak. *Emerging Adulthood*, 10(2), 511-518. <https://doi.org/10.1177%2F21676968211067327>
- **Manitsa, I.**, & Doikou, M. (2020). Social support for students with visual impairments in educational institutions: An integrative literature review. *British Journal of Visual Impairment*, 40(1), 29-47. <https://doi.org/10.1177%2F0264619620941885>

First most read in the last six months (up to December 2023; currently second most read) and second most cited in the last three years in the British Journal of Visual Impairment (up to December 2023).

- **Manitsa, I.**, Barlow-Brown, F., & Lyons, E. (2019). Self-concept of adolescents with visual impairments. *British Journal of Visual Impairment*, 38(2), 160-167. <https://doi.org/10.1177/0264619619883900>

Manuscripts Under Review

- **Manitsa, I.**, & Barlow-Brown, F. (2023). Exploring the “interactive” hypothesis in adolescents with vision impairment: The relationship between school belonging and self-esteem.
- **Manitsa, I.**, Gregory, A., Broome, M., Marwaha, S., Bagshaw, A., & Morales-Munoz, I. (2023). Night-time sleep duration and sleep timing across childhood and adolescence in a population-based study in the UK: sleep trajectories and early life risk factors.
- Livanou, M., **Manitsa, I.**, Hulusic, V., Samara, M., Bull, M., & De Caro, A. (2023). The development of ReGoal, a serious mobile game for young people 11-16 years with conduct problems.

Manuscripts in Preparation

Contact me for further details.

Non-Peer Reviewed Publications

- Blog post release (18 August 2023): [Breaking down barriers: Include people with vision impairment in decision-making about their lives – Social Sciences Birmingham \(bham.ac.uk\)](https://www.bham.ac.uk/social-sciences/news/2023/08/18/breaking-down-barriers-include-people-with-vision-impairment-in-decision-making-about-their-lives)
- Vandrevalla, T., Harries, P., Morrow, E., Manitsa, I., Ross, F., Brearley, S. (2022a) *Building a university-wide network for underserved communities: Enhancing research and knowledge exchange*. Research report. Kingston University, London.
- Vandrevalla, T., Harries, P., Morrow, E., Manitsa, I., Ross, F., Brearley, S. (2022b) *Building a University-wide Public Engagement Network for Underserved Communities*. Annotated Bibliography. Kingston University London.
- Manitsa, I & Barlow-Brown, F. (2021). End of award report to Sight for Surrey: “*If I wasn’t with Sight for Surrey or we didn’t have this support from Sight for Surrey, I don’t think I would be where I am right now*”: *The role of vision habilitation services*

in the lives of children and adolescents with visual impairments. London, UK: Sight for Surrey.

- Manitsa, I. (2020). *Social inclusion of adolescents with visual impairments: From Research to Practice*. VIEW: The professional association of the vision impairment education workforce.
- Manitsa, I. (2019). *Social Inclusion*. Developing Minds: Exploring Cognitive Diversity. Retrieved from <http://bit.do/aprilnewsletter2019>

Peer-reviewed Conference Papers

- Manitsa, I. (6-9 April 2024). *Promoting the school inclusion and mental health of students with sensory impairments: The development of a digital intervention*. E-poster presentation at the 32nd European Congress of Psychiatry 2024, 6-9 April 2024, Budapest, Hungary.
- Manitsa, I. (Presenting author), Barlow-Brown, F., Hewett, R., Ravenscroft, J., Thurston, M., & Roe, J. (6-9 April 2024). *Promoting the socio-emotional needs of students with vision impairment in Higher Education: The development of university guidance based on co-production and participatory research*. E-poster presentation at the 32nd European Congress of Psychiatry 2024, 6-9 April 2024, Budapest, Hungary.
- Manitsa, I. (Presenting author), Barlow-Brown, F., Hewett, R., Ravenscroft, J., Thurston, M., & Roe, J. (7 March 2024). *Developing university guidance for the socio-emotional needs of students with vision impairment: Findings from phase one*. Poster presentation at the Advance HE's Equality, Diversity and Inclusion Conference 2024: The future is now: Building EDI practice for the changing world of HE; 6-7 March 2023, Hilton Liverpool City Centre, Liverpool, UK.
- Manitsa, I., & Livanou, M. (18 November 2023). *Digital interventions in the school environment: Presentation of research data and suggestions of future research and practice*. Online workshop at the 2nd International School Psychology Conference of Hellenic Association of School Psychology (HASP); 17-18 November 2023, online.
- Manitsa, I. (Presenting author), Livanou, M., Barlow-Brown, F., Burnett Heyes, S., Gardia, N., Siegfried, O., Clarke, Z.*, Coelho, H.*, & De Caro, A. (22 September 2023). *Developing an educational game for the school inclusion of students with vision impairment*. Oral presentation at the online Nystagmus Network international nystagmus research symposium 2023; 22 September 2023, Nystagmus Network, UK. *authors contributed equally
- Manitsa, I. (Presenting author), Livanou, M., Barlow-Brown, F., Burnett Heyes, S., De Caro, A., Gardia, N., Siegfried, O., Clarke, Z.*, Coelho, H.*, & De Caro, A. (14 September 2023). *Preventing the school exclusion of adolescents with sight impairment: The development of a digital intervention based on adolescent and adult advisory groups*. Oral presentation at the BPS Cognitive and Developmental Sections Annual Conference 2023; 12-14 September 2023, University of Bristol, Bristol, UK. *authors contributed equally
- Livanou, M. (Presenting author) & Manitsa, I. (14 September 2023). *Development of ReGoal, a serious mobile game-application for young people 11-16 years with conduct problems*. Oral presentation at the BPS Cognitive and Developmental Sections Annual Conference 2023; 12-14 September 2023, University of Bristol, Bristol, UK.

- Manitsa, I., (Presenting author), Hewett, R., Barlow-Brown, F., Thurston, M., & Roe, J. (13 September 2023). *Discussing the rationale and providing updates on a research project aimed at developing university guidance for students with vision impairment in Higher Education*. Oral presentation at the BPS Cognitive and Developmental Sections Annual Conference 2023; 12-14 September 2023, University of Bristol, Bristol, UK.
- Manitsa, I., (Presenting author) & Barlow-Brown, F. (12 July 2023). *The relationship between the development of social relationships at school and academic inclusion in adolescents with and without vision impairment*. Oral presentation at The Child Vision Society's 2023 Biennial Meeting (CVRS): Child Vision and Visual Impairment – Advances in Science and Related Practice; 12-14 July 2023, UCL Great Ormond Street Institute of Child Health, London, UK.
- Manitsa, I., (Presenting author) & Barlow-Brown, F. (12 July 2023). *The relationship between school engagement and social competence in adolescents with and without vision impairment and ways forward*. Poster presentation at The Child Vision Society's 2023 Biennial Meeting (CVRS): Child Vision and Visual Impairment – Advances in Science and Related Practice; 12-14 July 2023, UCL Great Ormond Street Institute of Child Health, London, UK.
- Manitsa, I., (Presenting author), Hewett, R., Barlow-Brown, F., Thurston, M., Roe, J. (4 July 2023). *Providing updates on a research project on the inclusion of students with vision impairment in Higher Education*. Oral presentation at the Research and Impact Event; 3-4 July 2023, University of Birmingham, Edgbaston, Birmingham, UK.
- Manitsa, I. (Presenting author), Livanou, M., Barlow-Brown, F., Burnett Heyes, S., De Caro, A., Gardia, N., Siegfried, O., Clarke, Z.*, Coelho, H.*, & De Caro, A. (4 July 2023). *Promoting the social inclusion of adolescents with vision impairment: The development of a serious game*. Oral presentation at the Research and Impact Event; 3-4 July 2023, University of Birmingham, Edgbaston, Birmingham, UK. *authors contributed equally
- Heneghan (presenting author), A., Manitsa, I., Livanou, M. (2 June 2023). *Individuals' experiences of having a sibling with an eating disorder: a systematic review*. Oral presentation at the International Conference of Eating Disorders; 31 May – 3 June 2023, Washington DC, USA.
- Heneghan, A., Manitsa, I., Livanou, M. (16-17 March 2023). *“How do siblings' experience their brother's or sister's eating disorder?: a systematic review”*. Poster presentation at the London Eating Disorder Conference, London, UK.
- Manitsa, I. (10 November 2022). *The development of social relationships at school and their impact on the academic inclusion of adolescents with visual impairments*. Oral presentation at the 3rd Panhellenic School Psychology Conference; 10-13 November 2022, KEDEA, Thessaloniki, Greece.
- Manitsa, I. (14 September 2022). *The social inclusion, self-esteem and social competence of adolescents with visual impairments*. Oral presentation at the BPS Developmental Psychology Section Annual Conference 2022; 14-16 September 2022, Crowne Plaza Royal Victoria Sheffield, Sheffield, UK.
- Heneghan, A., Manitsa, I. & Livanou, M. (1 July 2022). *A systematic review into siblings' experiences of having a brother or sister with an eating disorder*. Oral presentation at the FBSS Research Conference 2022; 1 July 2022, Kingston University London, UK.
- Livanou, M. (presenting author), Bull, M., Manitsa, I., Lane, R., Heneghan, A. (19 May 2022). *Coproducing a psychosocial intervention with young people transitioning from*

adolescent secure hospitals to adult services in England: Moving Forward intervention. European Association for forensic Child & Adolescent Psychiatry, Psychology EFCAP 2022; 18-20 May 2022. (Online presentation)

- Heneghan, A. (presenting author), Manitsa, I., Livanou, M. (2022). *Siblings' Experiences of Having a Brother or Sister with an Eating Disorder*. Poster presentation at the European Psychiatric Association (EPA), 30th European Congress of Psychiatry, 2-5 April 2022, Budapest, Hungary (e-poster presentation, available to be viewed throughout all days of the conference).
- Manitsa, I. & Sight for Surrey (24 November 2021). *Learning from COVID-19 Pandemic: Positive Examples of Habilitation Services Development and Adaptation to the Needs of Children, Young People and Their Families*. Oral presentation at the Visionary Annual Conference 2021: Rainbows, Disruptions and Transformations; 24-26 November 2022. (Online presentation)
- Manitsa, I. (4 August 2021). *How Do Specialist Vision Rehabilitation Services Impact the Lives of Children and Adolescents with Visual Impairments? A Case Study Approach*. Oral presentation at the Inclusive and Supportive Education Conference (ISEC); 3-5 August 2021; UCL Institute of Education (IOE; online).
- Manitsa, I. & Doikou, M. (4 August 2021). *Providing social support for students with visual impairments in educational settings: Findings from an integrative literature review*. Oral presentation at the Inclusive and Supportive Education Conference (ISEC); 3-5 August 2021; UCL Institute of Education (IOE), London. (online)
- Manitsa, I. & Montague, A. (30 June 2021). *A qualitative insight into factors pertaining to alcohol and cigarette consumption among young adults during the COVID-19 outbreak*. Oral presentation at the Division of Health Psychology Annual Conference 2021; 29-30 June 2021, The British Psychological Society (BPS). (online)
- Manitsa, I. (5 March 2020). *Social inclusion of adolescents with visual impairments: From research to practice*. Oral presentation at the 3rd PhD meeting between Kingston University and University of Gothenburg; 5 March 2020, Kingston University London, UK.
- Manitsa, I., Barlow-Brown, F. & Lyons, E. (3 June 2019). *Self-concept of adolescents with visual impairments*. Oral presentation at the 10th Annual Faculty of Business and Social Sciences Conference; 3-4 June 2019, Kingston University London, UK.
- Manitsa, I., (14 May 2018). *The importance of social inclusion in general schools to the self-concept of adolescents with visual impairment and their differences from sighted children*. Oral presentation at the Kingston University Postgraduate Research Conference; 14 May 2018, Kingston University London, UK.
- Manitsa, I. (10 May 2018). *The importance of social relationships with sighted peers to the self-concept of adolescents with visual impairment and the differences between both groups*. Oral and poster presentations at the "Listen to me" Multi-sensory Impairment Conference, Seashell trust Organisation; 10 May 2018, Manchester Conference Centre, UK.
- Manitsa, I. (presenting author) & Doikou, M. (26 November 2017). *The academic experiences of studies in higher education from the perspective of visual impaired students*. Paper presented at the 4th Panhellenic Conference in Special Education with International Participation, "Modern Trends and Proposals in Special Education", The Company of Special Education in Greece; 23-26 November 2017, Harokopio University, Athens, Greece (published).
- Manitsa, I. (9 December 2016). *The experiences of studies in higher education from the perspective of students with visual impairment*. Oral presentation at the 4th Conference

of Postgraduate Students in the field of Education, “New Voices 4”; 9-10 December 2016, Aristotle University of Thessaloniki, Greece.

Keynote Talks

- Manitsa, I. (6 March 2024). School belonging, self-esteem, and the role of habilitation services in the academic and social-emotional development of children and young people with vision impairment. Habilitation VI UK Conference 6 March 2024, Birmingham Strathallan Hotel, Birmingham, UK.
- Manitsa, I. (11 November 2023). *Social Emotional Wellbeing and VI Session*. Vision Impairment Centre for Teaching and Research (VICTAR) Weekend Residential 11-12 November 2023, School of Education, University of Birmingham, UK.
- Manitsa, I. (26 November 2022). *Conceptualising social inclusion and finding new ways to move forward*. Vision Impairment Centre for Teaching and Research (VICTAR) Weekend Residential 26-27 November 2023, School of Education, University of Birmingham, UK.

Invited Talks

- Manitsa, I. (13 March 2024). *The inclusion of people with vision impairment across the lifespan*. Oral presentation at the Cognitive Research Group [PAC | University of Lincoln](#), University of Lincoln, UK. (Online presentation)
- Manitsa, I. (11 March 2024). *Examining the inclusion of people with vision impairment across the lifespan*. Oral presentation at the Department of Ophthalmology Great Ormond Street Hospital, London, UK. (Online presentation)
- Manitsa, I. (29 November 2023). *The social and emotional needs of students with vision impairment in Higher Education*. Oral presentation at the Event for Disability History Month, University of Birmingham, UK.
- Manitsa, I. (6 April 2023). *Vision impairment, educational inclusion, and socio-emotional development*. Oral presentation at Children and Families Directorate, Birmingham City Council, Birmingham, UK.
- Manitsa, I. (7 March 2023). *Social inclusion*. Oral presentation at the Inset Day of Bristol Sensory Support Service [Sensory support service \(bristol.gov.uk\)](#). (online)
- Manitsa, I. (21 February 2023). *Exploring the inclusion and socio-emotional development of people with vision impairment*. Oral presentation at the Richard’s lab (<https://carolinerichards.net>), School of Psychology, University of Birmingham, UK.
- Manitsa, I. (1 February 2023). *The socio-emotional development and educational inclusion of students with vision impairment*. Oral presentation at the IMH showcase session at Psyched@UoB, School of Psychology, University of Birmingham, UK.
- Manitsa, I. (27 January 2023). *Socio-emotional development of atypical populations with an emphasis on Vision Impairment*. Oral presentation at the Centre for Developmental Science (CDS) Neurodiversity Workshop, School of Psychology, University of Birmingham, UK.

- Manitsa, I. (25 September 2021). *Examining the socio-emotional and educational development of adolescents with vision impairment*. Oral presentation at the Nystagmus Network Virtual Open Day 2021, Nystagmus Network, London, UK.
 - Manitsa, I. (27 November 2020). *The social inclusion of adolescents with visual impairments*. Oral presentation at London Vision, London, UK. (online)
 - Manitsa, I. (21 September 2020). *Doing research with vulnerable populations*. Oral presentation at the First Annual PhD Autumn Symposium, Department of Psychology, Kingston University London.
 - Manitsa, I. (24 January 2020). *Enterprise and Entrepreneurship Education: Students with Special Educational Needs*. Oral remote presentation at the “Innovation and Entrepreneurship in School” event, IYDU (International Young Democrat Union), Larissa, Greece. (online)
- *The Prime Minister of Greece, Mr Kyriakos Mitsotakis, decided to include youth entrepreneurship as a subject in all schools in the country, after the proposals discussed in the “Innovation and Entrepreneurship at School” event.*
- Manitsa, I. (19 November 2019). *The role of social inclusion in the self-esteem of adolescents with visual impairments*. Research Unlocked Day, Whitefield Academy Trust, London.
 - Manitsa, I. (21 May 2019). *The self-concept of adolescents with visual impairments*. Oral presentation at the British Psychological Society (BPS) Postgraduate Meeting, London, UK.
 - Manitsa, I. (30 October 2018). *Social inclusion and the differences in self-concept between adolescents with visual impairments and their sighted peers*. Poster presentation at "Sensing Nature: Wellbeing with nature and sight impairment" Exhibition, London, UK.
 - Manitsa, I., Barlow-Brown, F. & Lyons, E. (21 February 2018). *The role of friendship and the importance of social relationships on students with visual impairments and their sighted peers*. Poster presentation at the “Children, Tablets and iPads: Concerns and New Possibilities” Open Lecture with Professor David Messer and the CDLD lab, Kingston University London, UK.
 - Manitsa, I. (2014). *The Interdisciplinary school project " Nazism: The black pages of the History"*. Oral presentation at the “School Projects about Nazism” Day Conference, Department of Philosophy and Pedagogy, Aristotle University of Thessaloniki, Greece.

Media Appearance

- Video release for the IBSA World Games 2023 hosted by the University of Birmingham (9 August 2023): [Social Inclusion of Blind and Partially Sighted Children | University of Birmingham - YouTube](#)
- Press release (7 July 2023): [Students with low vision may feel more socially excluded than blind or sighted peers - University of Birmingham](#).
- Manitsa, I. (23 January 2023). “Social support for students with visual impairments in educational institutions: An integrative literature review”. In *PodScholars*. <https://podscholars.com/podcast/Ifigeneia-Manitsa-63cea18f1ca99faa9d9d663c/social-support-for-students-with-visual-impairments-in-educational-institutions-an-integrative-literature-review>
- Interview on Emotional Abuse in the working and school environment. “PolitikoLOGOS” Live Radio, Greece (10/02/21).

- PhD research featured on RNIB's (Royal National Institute of Blind People) Connect Radio (12/11/20).
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Research Experience

Proficient User of advanced quantitative (SPSS, PROCESS, JASP) and qualitative research and analysis (Thematic Analysis, Framework Analysis, IPA). Experienced in systematic and integrative reviews, and experimental delivery software, such as Qualtrics.

Active Research Projects

Research Projects within the Institute for Mental Health, School of Psychology, University of Birmingham

May 2023 - Present - *Project title: Developing a digital intervention for school inclusion of children and young people with sensory impairments*

Role: Principal Investigator (PI)

Mentors: Professor Matthew Broome, Professor Graeme Douglas (VICTAR, University of Birmingham)

Co-Investigators: Dr Stephanie Burnett Heyes (School of Psychology, University of Birmingham); Dr Rachel Hewett (School of Education, University of Birmingham); Dr Emmanouela Terlektsi (School of Education, University of Birmingham); Ms Hester Richardson (School of Education, University of Birmingham); Dr Zoe Schnepf (School of Chemistry), Professor Peter Raymond Slater (School of Chemistry); Dr Leonardo Stella (School of Computer Science, University of Birmingham); Mr Pieter Joubert (School of Computer Science, University of Birmingham); Dr Maria Livanou (King's College London); Dr Joao Roe (Bristol Sensory Support Service); Children and Families Directorate, Birmingham City Council

Tasks: currently working on the internal funding application

May 2023 - Present - *Project title: Promoting the employment needs of people with vision impairment through the development of a workplace intervention*

Role: Principal Investigator (PI)

Co-Investigators: Dr Arianna Prudenzi (University of Sheffield and University of Birmingham); Dr Rachel Hewett (VICTAR, University of Birmingham); Dr Paul Lynch (University of Glasgow); Professor Graeme Douglas (VICTAR, University of Birmingham)

Tasks: currently working on the research proposal and discussing the funding of the project with the Thomas Pocklington Trust

- Nov 2022 Present** - *Project title: Developing university guidance for the socio-emotional needs of students with vision impairment (supported by the Thomas Pocklington Trust Research Grant)*
Role: Principal Investigator (PI)
 Co-Investigators: Dr Fiona Barlow-Brown (Kingston University London); Dr Rachel Hewett (VICTAR, University of Birmingham); Dr Mhairi Thurston (Abertay University); Professor John Ravenscroft (University of Edinburgh), Dr Joao Roe (Sensory Support Service in Bristol)
 Tasks: setting up the research team; external grant application; ethics application, contact with national organisations and professional services, preparation of qualitative materials, supervision of the Research Associate (RA) of the project, development and chairing of adult advisory group, thematic and content analysis, writing of reports and peer-reviewed papers, organisation of dissemination event (livestreamed workshop)
- Apr 2023 Present** - *Project title: Suicidal ideation, homicidal ideation, and self-harm in young carers*
Role: Co-Investigator
 PI: Dr Siobhan O'Dwyer (School of Social Policy, University of Birmingham)
 Other Co-Investigators: Professor Elizabeth McDermott; Dr Maria Michail
 Tasks: scoping review; support with the drafting of grant application; support with the planning of co-production activities
- Nov 2022 Present** - *Project title: Night-time sleep duration and sleep timing trajectories across childhood and adolescence*
Role: Research Fellow and First Author of Peer-Reviewed Publication
 Supervisor: Dr Isabel Morales-Muñoz
 Co-authors: Professor Alice M. Gregory (Goldsmith, University of London); Professor Matthew Broome; Professor Andrew Bagshaw; Professor Steven Marwaha
 Tasks: writing of the peer-reviewed paper as first author
- Oct 2022 Present** - *Project title: Biopsychosocial model of risk and resilience*
Role: Research Fellow
 PI: Dr Maria Dauvermann
 Tasks: liaising with participants; data collection (screening and interviews); organisation of public engagement and dissemination activities

Sep 2022 - *Project title: Nationally representative general population survey of substance use and addictive behaviours in the UK*
 Present
Role: Main Data Analyst and Co-Investigator
 PI: Dr Ed Day
 Other Co-Investigators: Dr Amanda Farley (Institute of Applied Health Research, University of Birmingham); Professor John F. Kelly (Harvard Medical School)
 Tasks: analysis of quantitative data (frequencies and cross-tabulations; binomial and multinomial logistic regression; development of univariable and multivariable models); analysis of qualitative data (framework analysis of survey data), drafting multiple peer-reviewed papers; working on a ESRC grant application that will evaluate [Better Than Well is a student-led addiction recovery program at the University of Birmingham. - University of Birmingham](#)

External Collaborations

Nov 2023 - *Project title: Transitions from primary to secondary schools and the effect of 11+ exams on their wellbeing*
 Present
Role: Co-Investigator
 PI: Dr Maria Livanou (King's College London)
 Other Co-investigators: Dr Vivek Furtado (Warwick Medical School) and [Home – Comprehensive Future](#)
 Tasks: integrative review

Oct 2023 - *Project title: Teacher experiences of social and emotional learning*
 Present
Role: Co-Investigator
 PI: Dr Maro Doikou (Aristotle University of Thessaloniki)
 Tasks: integrative review

Sep 2023 - *Project title: Redefining Sleep: Empowering Autism Through Co-Production*
 Present
Role: Co-Investigator
 PI: Dr Dina Spano (Kingston University London)
 Other Co-Investigators: Dr Cristina Martinelli (Kingston University London); Dr. Elisa Back (Kingston University London); Dr Katharine Clifford (Kingston University London)
 Tasks: preparation of research plan and funding application

Aug 2022 - *Project title: Wellbeing and experiences of autistic students in Higher Education (supported by Santander Universities)*
 Present
Role: Co-Investigator, External Collaborator and Mentor (paid position)
 PIs: Dr Elisa Back and Professor Helen Laville (Kingston University London)
 Tasks: preparation of qualitative research materials (interview schedule); co-organisation of peer networking events; training of autistic undergraduate researchers (e.g., literature reviews, development of research questions, semi-structured interviews, and thematic analysis)

Jan 2022 – *Project title: Addressing behavioural problems to improve daily life for families and young people with the use of Regoal game-based intervention: a pilot and feasibility study in an underserved London borough*
Present

Role: Co-Investigator (also part time research position at Kingston University from January to June 2022 and King's College from November 2022 to January 2023)
 PI: Dr Maria Livanou
 Other Co-Investigators: Dr Vedad Hulusic (Bournemouth University); Professor Muthanna Samara (Kingston University London)
 Tasks: ethics application; preparation of quantitative and qualitative materials, survey and focus groups with adolescents; game storyline; mixed-method data analysis (frequencies, t-tests, regression and thematic analysis); writing of peer-reviewed papers; co-organisation of dissemination events (webinars)

Completed Research Projects

Research Projects within the Institute for Mental Health, School of Psychology, University of Birmingham

Sep 2022 - *Project title: Meeting the social-emotional needs of adolescents with sight impairment and preventing school exclusion: the development of a digital intervention based on adolescent and adult advisory groups (supported by the Public Engagement Fund, University of Birmingham)*
Present

Role: Principal Investigator (PI)
 Co-Investigators: Dr Maria Livanou (King's College London); Dr Stephanie Burnett Heyes; Dr Fiona Barlow-Brown (Kingston University London)
 Tasks: setting up the research team; internal grant application; ethics application; contact with national organisations and professional services; preparation of quantitative and qualitative materials; advisory group sessions with adolescents with vision impairment and professionals; thematic analysis; game storyline; supervision of the Game Developer working on the intervention and the four RAs working on the project, game storyline and thematic analysis; drafting reports and peer-reviewed paper; organisation of dissemination event (workshop or webinar)

Apr – Jun 2023 *Project title: Mental health platform hubs*
Role: Research Fellow
 PI: Professor Steven Marwaha
 Tasks: co-organisation of public engagement and dissemination activities with Birmingham and Solihull Mental Health Foundation Trust and [Youth Advisory Group - University of Birmingham](#); support with the drafting of grant application

Apr – May 2023 *Project title: Generativity and Youth Mental Health*
Role: Research Fellow
 PI: Dr Gerald Jordan
 Tasks: scoping review

Mar 2021 – Sep 2022 *Project title: Siblings' experiences of having a brother or sister with an eating disorder: a mixed-methods systematic review*
Role: Co-Investigator
 PI: Ms Anya Heneghan (King's College London)
 Supervisor: Dr Maria Livanou (King's College London)
 Tasks: systematic review; dissemination of findings through conference presentation and writing of peer-reviewed paper

External Collaborations

May – Aug 2022 *Project title: Strategy to develop a University-Wide Underserved Community Public Engagement Group*
Role: Research Fellow, Faculty of Health, Science, Social Care and Education, Kingston University London (paid position)
 PIs: Professor Tushna Vandrevalla (Kingston University London) and Professor Priscilla Harries (Kingston University London)
 Co-Investigators: Dr Elizabeth Morrow (Research Support NI, Northern Ireland); Emerita Professor Fiona Ross (Kingston University London); Ms Sally Brearley (Kingston University London)
 Tasks: ethics application, preparation of quantitative and qualitative materials; one-to-one interviews and consultation discussions with university staff and community members; framework analysis; writing of the report

Jun – Jul 2021 *Project title: The role of reputation in sequential moral decisions: A meta-analysis of the moral cleaning, moral licensing, foot-in-the-door, and door-in-the-face effects*
Role: Research Assistant, Department of Psychology, Kingston University London (paid position)
 PI: Dr Amanda Rotella (Northumbria University)
 Research team: Dr Pat Barclay (University of Guelph); Mrs Sharmistha Chaudhuri (Kingston University London)
 Tasks: coding for systematic review

- Apr – Jul 2021** *Project title: Exploring the service experiences of LGBTQ+ youth with special educational needs and disabilities: A multi-perspective focus group study (supported by Equality Diversity and Inclusion Research Fund, Kingston University London)*
Role: Co-Investigator and Research Coordinator, Department of Psychology, Kingston University London (paid position)
 PIs: Dr Maria Livanou (King's College London); Dr Fiona Barlow-Brown (Kingston University London)
 Other Co-Investigators: Ms Amy Montague (Kingston University London)
 Tasks: ethics application, preparation of qualitative materials; one-to-one interviews with LGBTQ+ young people with SEND and professional services
- Feb 2020 – Jan 2021** *Project title: How do specialist vision (re)habilitation services impact the lives of children and adolescents with visual impairments? (supported by the National Lottery Community Fund and Sight for Surrey)*
Role: Co-Investigator and Research Coordinator, Department of Psychology, Kingston University London (paid position)
 PI: Dr Fiona Barlow-Brown (Kingston University London)
 Tasks: ethics application, preparation of qualitative materials; one-to-one interviews with children, adolescents, parents and professional services; thematic analysis; writing of the report and paper; dissemination of findings through conferences and webinars
- Apr 2019 – May 2020** *Project title: Social support for students with visual impairments in educational institutions: An integrative literature review*
Role: Principal Investigator, Department of Psychology, Kingston University London
 Co-Investigator: Dr Maro Doikou (Aristotle University of Thessaloniki)
 Tasks: integrative review; writing of the paper; dissemination of the findings through conference presentation
- Apr – Dec 2020** *Project title: Factors which explain alcohol and cigarette consumption among young adults during the COVID-19 outbreak (supported by "Research during lockdown" Fund, Kingston University London)*
Role: Principal Investigator, Department of Psychology, Kingston University London
 Other PIs: Ms Amy Montague; Dr Fiona Barlow-Brown
 Tasks: ethics application; preparation of qualitative materials; one-to-one interviews with young people aged 18-25; thematic analysis; writing of the paper; dissemination of the findings through conference presentation
- Jan – Dec 2014** *Project title: The research of Critical Peace Education: Types of violence in high school. A case study – The research of university students*
Role: Research Assistant, School of Philosophy and Education, Aristotle University of Thessaloniki
 PI: Professor Kyriakos Bonidis (Aristotle University of Thessaloniki)

Tasks: one-to-one interviews with teachers

Academic Teaching Responsibilities

15 Apr 2024 **Guest Lecturer, Developmental Psychology Division of the Hellenic Psychological Society (online lecture)**

Lecture's title: Social and emotional development of children and adolescents with sensory impairments and the role of the school

Oct 2023 – Mar 2024 **Visiting Lecturer, Department of Psychology, Kingston University London**

- **Module title: Cognitive and Social Development (PS7005 – MSc Child Psychology)**

Lectures' titles:

- a) *Development of Prosocial and Antisocial Behaviour*
- b) *Vygotsky, Bronfenbrenner, and Essays*

- **Module title: Development in Typical and Atypical Populations (PS7006 – MSc Child Psychology)**

Lectures' titles:

- a) *Writing a Critical Review*
 - b) *ASD – Diagnosis, Interventions & Policy*
 - c) *ASD Theories*
 - d) *Language Disorders*
 - e) *Eye Tracking in Typical and Atypical Populations*
 - f) *Williams Syndrome*
 - g) *Face Processing*
 - h) *Sensory Processing*
 - i) *Typical Social and Academic Inclusion*
 - j) *Atypical Social and Academic Inclusion With an Emphasis on Visual Impairment*
- **Marking of 1,250 critical reviews on the topic “The social and academic inclusion of students with Special Educational Needs and Disabilities”**
 - **Moderation of 1,250 critical reviews on the topic “School Transitions and typical or atypical development”**
 - **Module title: The Person in Psychology (PS7003 – MSc Psychology Conversion Course)**

Lectures' titles:

- a) *Early Social Development*
 - b) *Adolescent Development*
- **Module title: Advanced Issues in the Psychology of Thinking (PS6008 - BSc Psychology)**

Lecture's title: Cognition and Special Educational Needs and Disabilities

- **Social, Individual and Developmental Psychology (PS5002) tutorials**

Key topics: Intelligence; individual differences; introduction to Developmental Psychology; language development; mathematical

development; comparative cognition; attachment theory; Theory of Mind; social relations in human development; culture and social development

- **PS4004 tutorials**

*In-person and online L4 Personal Tutor Groups on upcoming assignments; assessments (lab reports and poster); employability skills; academic writing and data analysis; marking of individual assessments of **Foundations of Psychology (PS4002 - Level 4)***

- **PS5000 Psychology tutorials**

Key topics: Planning and organisation; study skills; handling information; communication skills (written and verbal); working with others; scientific/practical skills; improving learning and performance; information, communication and technology; problem solving; project work

14 Dec 2023 **Guest Lecturer, School of Psychology, University of Lincoln**

- **Module title: Vision Research (BSc Psychology)**

Lecture's title: Social emotional development and vision impairment

Jan 2023 – Mar 2023 **Guest Lecturer, Department of Psychology, Kingston University London**

- **Module title: Historical and Philosophical Concepts in Psychology (PS4003 – BSc Psychology)**

Lecture's title: The history of Developmental and Educational Problems

- **Module title: Advanced Issues in the Psychology of Thinking (PS6008 - BSc Psychology)**

Lecture's title: Cognition and Special Educational Needs and Disabilities

- **Module title: Development in Typical and Atypical Populations (PS7006 – MSc Child Psychology)**

Lectures' titles:

- Typical Social and Academic Inclusion*
 - Atypical Social and Academic Inclusion With an Emphasis on Visual Impairment*
- **Module title: The Person in Psychology (PS7003 – MSc Psychology Conversion Course)**

Lectures' titles:

- Adolescent Development and the Effect of Social Environment*
- Friendship Development and Types of Bullying*

Jan 2022 – Jul 2022 **Module Convenor, Department of Organizational Psychology, Birkbeck, University of London**

- **Module title: Workplace Health and Management (BUOB095HA - Level 4), one-term module**

Preparation and delivery of face-to-face lectures on workplace and stress theories; work-life balance and the work-life interface; inclusivity; well-being; bullying; human error and system design; positive psychology; workplace interventions; neurodiversity; marking of case study reports.

Seminar Leader, Department of Organizational Psychology, Birkbeck, University of London

- **Module title: Work & Well Being (MOOP008H7 – Level 7), one-term module**

Delivery of online seminars on technology in the workplace; wellbeing and mental health; engagement in the workplace; work-life balance; interventions; neurodiversity; marking of professional reports.

Sep 2021 – Associate Lecturer, Department of Psychology, London Metropolitan University
Jul 2022

Semester 3

- **Module title: Child Development and Behaviour (PC4053 – Level 4)**

Delivery of in-person seminars on sex differences; Piaget’s theory; historical themes of development.

- **Module title: Personality (PC4052 – Level 4):**

Delivery of in-person seminars on idiographic vs nomothetic methods; reliability and validity; Freud; measures of personality traits

Semester 2

- **Module title: Psychology of Learning and Education (PY7021 – Level 7; PC6055 - Level 6)**

Delivery of in-person seminars on the debate “nature vs nurture”; autism; reading comprehension impairment; use of bibliographic databases.

- **Module title: Social and Cultural Understanding of Us and Others (PC5067 - Level 5)**

Delivery of in-person seminars on intergroup relationships and prejudice; Kelley’s Covariation Model of Social Attribution; role relationships and identity; biases as part of social cognition.

- **Module title: Social Influences on Thinking and Behaviour (PC4055 - Level 4)**

Delivery of in-person seminars on the Stanford Prison Experiment; Drive Theory and Evaluation Apprehension Theory; Theories of Reasoned Action & Planned Behaviour; explanations of aggression; The Yale Approach to Communication & Persuasion; Attribution theory & Interpersonal relationships; Assortative Mating; romantic attraction and relationships.

- **Module title: Cognition and Behaviour (PC4054 - Level 4)**

Delivery of in-person seminars on the Brown-Peterson Task; Wisconsin-Card Task; long-term and short-term memory; language; thinking and reasoning; attention.

- **Module title: Foundations of Research in Psychology (PC3003 – Level 3; including the moderation of quantitative and qualitative lab reports)**

Delivery in-person seminars on thematic analysis

- **Module title: Psychology of Everyday Life (PC3002 - Level 3)**

Lectures’ titles:

- Adolescent Development*
- Social inclusion: Why is it so Important in School?*
- The Role of Vision in Development*

Semester 1

- **Module title: Development Across the Lifespan (PC5055 – Level 5)**

Delivery of face-to-face and online academic seminars on childhood and infancy, perception and cognition in infancy, Theory of Mind, language acquisition, memory development, maths development, development of intelligence and intellectual functioning in old age, critical evaluation and building arguments in psychology assessments (assessment preparation)

- **Module title: Individual Differences (PC5056 – Level 5)**

Delivery of face-to-face academic seminars on reliability and validity and assessment preparation

- **Module title: Personality (PC4052 – Level 4)**

Delivery of face-to-face academic seminars on idiographic vs nomothetic methods, Freud, mood and needs, personality, biological basis of the Big 5 Personality Traits and positive psychology.

- **Module title: Child Development and Behaviour (PC4053 – Level 4)**

Delivery of a face-to-face academic seminar on child abuse and marking of academic essays on attachment styles.

May 2022 **Guest Lecturer, ICPS, College for Humanistic Sciences (ICPS is an international partner of UCLAn since 2007)**

- **Module title: Advanced Developmental Psychology Project (PS4906 – MSc Child Psychology)**

Lecture's title: Cyberbullying; Tips to Protect and Support Students

University Grader of postgraduate assignments on qualitative research and analysis (MSc Child Psychology), ICPS, College for Humanistic Sciences

Sep 2018 – Mar 2022 **Hourly Paid Lecturer and Seminar Leader, Department of Psychology, Kingston University London**

- **Module title: Methods and Statistics for MSc Psychology Conversion course (PS7001 - Level 7), two-term module**

Preparation and delivery of in-person and online seminars on Qualtrics; JASP; descriptive statistics; Z-scores and normal distribution; ANOVAs (one-way, two-way, repeated measures, factorial); planned comparisons and post-hoc tests correlation analysis, regression (simple and multiple); factor analysis; semi-structured interviews and IPA; marking of quantitative and qualitative reports.

- **Module title: Psychology Research Methods 2 (PS5001 - Level 5), two-term module**

Preparation and delivery of in-person seminars on literature searches, ethics, and research design; SPSS; inferential statistics; central tendency and dispersion, standard deviations; Z-scores and t-tests; correlation analysis; regression analysis; ANOVA; chi-square and associations; non-parametric tests; qualitative research; mixed-methods; marking of quantitative and qualitative reports.

- **Module title: Psychology Research Methods 1 (PS4001 - Level 4), two-term module**

Preparation and delivery of in-person seminars on aims, research questions and hypotheses; experimental designs; cross-sectional and correlational designs; ethics; reliability and validity; SPSS; descriptive statistics;

inferential statistics; t-tests; correlation analysis; non-parametric tests; chi-square; thematic analysis; marking of quantitative and qualitative reports.

- **Module title: Advanced Developmental Psychology (PS6002 - Level 6), two-term module**

Preparation and delivery of online and face-to-face academic seminars on infants' cognitive and perceptual development, objecthood, number and language development, origins of knowledge, early socio-emotional development, prosocial and antisocial behaviour, Williams Syndrome, Vygotsky and Bronfenbrenner's theories, assessment preparation (teaching and discussing ways of presenting ideas/ concepts/ statements/ evidence), marking of academic essays on infant cognition.

- **Module title: Advanced Issues in the Psychology of Thinking (PS6008 - Level 6), two-term module**

Preparation and delivery of online academic seminars on communication and language, numerical cognition and representation and categorisation in animals.

- **Module title: Social, Individual and Developmental Psychology (PS5002 - Level 5), two-term module**

Preparation and delivery of online academic seminars on language and mathematical development and comparative cognition, marking of academic essays on language development.

Guest Lecturer, Department of Psychology, Kingston University London

- **Module title: Development in Typical and Atypical Populations (PS7006 – MSc Child Psychology)**

Lecture's title: Blind Children's Socioemotional Development

- **Module title: The Person in Psychology (PS7003 - Level 7)**

Lecture's title: Bronfenbrenner's Socioecological Model

- **Module title: Forensic Mental Health & Criminal Behaviour (PS5010 – Level 5)**

Lecture's title: Alumni-Career Pathways

- **Module title: Foundations of Psychology (PS4002 - Level 4)**

Lecture's title: Lessons from Evolution (evolutionary theory, natural selection, notion of fitness and applications)

Mar 2020 – Aug 2020 **University Grader in Psychology modules, Department of Psychology, Kingston University London**

- **Module title: Mental Health and Brain Function (PS5008 - Level 5)**

Marking university assignments on Schizophrenia

- **Module title: Historical and Philosophical Concepts in Psychology (PS4003 - Level 4)**

Marking university assignments on Freud and internationalisation

- **Module title: Practical Research Skills (FY3002 - Level 3)**

Marking academic posters

Supervision and Mentorship

10 BSc dissertations

Kingston University London (October 2023 – Apr 2024)

- PS600 – **Co-Supervisor** of five BSc students working on the same research project on trust, trustworthiness and personality traits (Christy Joseph, Noor Malik, Rebecca Maguire, Jessica Brand, Alishba Jahangir)

ICPS College for Humanistic Sciences (Jan 2022 – Apr 2022)

- Anastasios Maragkoulias, BSc Forensic Psychology (**Main Supervisor**)
- Alicia Tampakou, BSc Psychology (**Main Supervisor**)
- Vasiliki Tigkilian, BSc Psychology with Psychotherapy & Counselling (**Main Supervisor**)

22 MSc dissertations (12 main supervisions and 10 co-supervisions)

Kingston University London (Mar 2023 – Apr 2023; covering for sick leave)

- Isabella (Izzy) Mercer-Ross, MSc Child Psychology (**Main Supervisor**)
- Victoria Cole, MSc Psychology (**Main Supervisor**)
- Mariya Balaiyawala, MSc Clinical Applications of Psychology (CAPS) (**Main Supervisor**)
- Diana Hritcu, MSc CAPS (**Main Supervisor**)
- Dulcie Cynthia Karthikeyan, MSc CAPS (**Main Supervisor**)
- Sarah Tamunobelega Onasanwo, MSc Psychology (Conversion) (**Main Supervisor**)

ICPS College for Humanistic Sciences (Jan 2022 – Aug 2022)

- Lydia-Xanthi Athanasiou, MSc Psychology of Child Development (**Main Supervisor**)
 - Ckikonti Krisianta, MSc Psychology of Child Development (**Main Supervisor**)
 - Maria Lagou, MSc Psychology of Child Development (**Main Supervisor**)
 - Eleni Nikola, MSc Psychology of Child Development (**Main Supervisor**)
 - Georgia Malamateniou, MSc Psychology (Conversion) (**Main Supervisor**)
 - Angelos Adamopoulos, MSc Psychotherapy (Cognitive Behavioural Therapy) (**Main Supervisor**)
 - Eirini Cheimonidou, MSc Forensic Psychology (Co-Supervisor)
 - Vasiliki Kontopoulou, MSc Psychology of Child Development (Co-Supervisor)
 - Elisavet Siapekidou, MSc Psychology of Child Development (Co-Supervisor)
 - Jamila Maria Eleni Mavropulu, MSc Clinical Psychology (Co-Supervisor)
 - Dimitrios Starakis, MSc Clinical Psychology (Co-Supervisor)
 - Pavlina Kyriakou, MSc Systemic Psychotherapy (Co-Supervisor)
 - Ioanna-Maria Markaki, MSc Systemic Psychotherapy (Co-Supervisor)
 - Andromachi Sdoukou, MSc Systemic Psychotherapy (Co-Supervisor)
 - Sofia-Ioanna Tseferidi, MSc Systemic Psychotherapy (Co-Supervisor)
 - Aikaterini Tsireka, MSc Systemic Psychotherapy (Co-Supervisor)
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Member of Scientific Committees

- Aug 2023 Present** - Member of the Scientific Committee co-editing a special issue on participatory research in child and adolescent mental health for the journal [JCPP Advances - Wiley Online Library](#)
Role: Guest Editor
- May 2023 Present** - Member of the Scientific Committee developing the Hellenic Psychological Society Code of Human Research Ethics and Practice, Hellenic Psychological Society <https://elpse.com/>

Organisation and Delivery of Public Engagement Events and Activities

- 2023**
- Co-organisation and delivery of the community engagement workshop “*Body Image and Mental Health*”, St. Vincent’s Family Project: Creating Community with Children and Family in Westminster <https://www.svfp.org.uk/> (November 15)
 - Ongoing research evaluation and public engagement activities with YAG [Youth Advisory Group - University of Birmingham](#), Eye-YPAG [Eye-YPAG | Generation R](#), St Vincent’s Family Project [St. Vincent's Family Project \(svfp.org.uk\)](#), BID services [Home - BID Services, Sensory Impairment Services | Services for adults with sight or hearing loss | Birmingham City Council](#), YPAG Birmingham Women’s and Children’s NHS Foundation Trust [YPAG | Birmingham Women's and Children's \(bwc.nhs.uk\)](#), organisations and charities in the field of vision impairment such as the [Nystagmus Network – Supporting people living with nystagmus](#) and the [RNIB | Home](#)
 - Co-organisation and delivery of the networking event “*Autism Peer Network Event*”, Festival of Research, Kingston University London (June 28)
- 2022**
- Co-organisation and delivery of the FBSS Conference, Kingston University London (July 1)
 - Co-organisation and delivery of the community engagement workshops “*When things can go wrong in intimate relationships: Raising awareness*” and “*Let’s create healthy eating habits*”, St. Vincent’s Family Project: Creating Community with Children and Family in Westminster <https://www.svfp.org.uk/> (May 26)
 - Co-organisation and delivery of the Postgraduate Conference “*Institutional and self-stigma amongst children and adolescents with additional and complex mental health needs as a barrier to accessing services*”, Kingston University London (March 7)
Presentation title: Shining the Light on Mental Health Stigma: Making the Future
- 2021 - 2022**
- Co-organisation and delivery of the Pint of Science event (worldwide science festival), Kingston University London
- 2018 - 2022**
- Co-organisation and delivery of the “Young Scientists Days” event, Kingston University London

**Annual event where children and adolescents participate in developmental research tasks*

2021

- Co-organisation of the FARO (Faculty Research Online) seminars, FBSS, Kingston University London (over the year)
- Delivery of the “Developing Minds: Research Networking Event”, Kingston University London (December 8)
- Co-organisation and delivery of the webinar “COVID-19: Perspectives from across the lifespan”, Festival of Research, Kingston University London (March 31)

Presentation title: The importance of providing support to students, their teachers, and caregivers – The role of habilitation services

- Organisation and delivery of the webinar “Doing Psychology Research in the Field of Mental Health: A Multifaceted Discussion on the Impact of our Projects”, Festival of Research, Kingston University London (March 29)

Presentation title: The social inclusion of adolescents with visual impairments – A multidimensional approach

- Co-organisation and delivery of the webinar “Emotional trauma in the time of Covid-19. Why now?”, Kingston University London (March 10)

Presentation title: Cyberbullying in the shadows of homeschooling during COVID-19 - Tips to protect and support students

- Organisation and delivery of the webinar “The impact of COVID-19 on children and their caregivers: an international perspective”, Developing Minds Lab, Kingston University London (February 3)

Presentation title: The importance of providing support to students, their teachers, and caregivers – Tips for homeschooling

2017

- Co-organisation of the “Summer School 2017: Doing and Communicating Qualitative Research”, Kingston University London (July 17-20)

Organisation of academic meetings

June 7, 2024

Organisation of the second in-person meeting of the research team for the research project “*Developing university guidance for the socio-emotional needs of students with Vision Impairment*” in the University of Birmingham premises. Representatives from the funding body [Thomas Pocklington Trust - Thomas Pocklington Trust \(pocklington-trust.org.uk\)](https://www.pocklington-trust.org.uk) and the University of Birmingham public affairs and communications team also attended the meeting.

Role: Principal Investigator (PI)

- December 13, 2023**, Organisation of the IAS Workshop “Promoting the school inclusion of children and adolescents with sensory impairment: The development of a digital intervention” with colleagues from the Schools of Psychology, Education, Computer Science and Chemistry, King’s College, Birmingham City Council and Bristol City Council
Role: Principal Investigator (PI)
- November 3, 2023**, Organisation of the first in-person meeting of the research team for the research project “*Developing university guidance for the socio-emotional needs of students with Vision Impairment*” in the University of Birmingham premises. Representatives from the funding body [Thomas Pocklington Trust - Thomas Pocklington Trust \(pocklington-trust.org.uk\)](https://www.pocklington-trust.org.uk) and the University of Birmingham public affairs and communications team also attended the meeting.
Role: Principal Investigator (PI)

Peer Review

- Grant Reviewer the Czech Science Foundation (GACR) - Department of Social Sciences and Humanities
- Invited Peer Reviewer for the following journals:
 1. Journal of Health Psychology
 2. Contemporary Social Science: Journal of the Academy of Social Sciences
 3. British Journal of Visual Impairment (BJVI)
 4. Journal of Visual Impairment & Blindness (JVIB)
 5. Psychology: The Journal of the Hellenic Psychological Society

Professional Affiliations and Research Group Memberships

- Associate member of the Vision Impairment Centre for Teaching and Research (VICTAR), School of Education, University of Birmingham <https://www.birmingham.ac.uk/research/victar/index.aspx>
 - Member of the Hellenic Psychological Society <https://elpse.com/>
 - Member of the Educational Psychology Division of the Hellenic Psychological Society
 - Member of the Developmental Psychology Division of the Hellenic Psychological Society
 - Member of the Social Psychology Division of the Hellenic Psychological Society
 - Sight Loss Research Network organised by Dr Hazel McFarlane (Senior Sensory Hub Officer) and Dr Mhairi Thurston (Senior Lecturer in Abertay University)
 - Developing Minds Lab, Developmental Psychology Research Group, Kingston University London
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Other Professional Experience

- 2020-2022**
- Volunteer English teacher, Greek Orphanage for Girls “Melissa” (Online teaching)

- 2017-2021**
 - Year 2 Teacher, Greek Orthodox School of St Barnabas, Wood Green, London
 - 2012-2021**
 - Private tutor of various typically and atypically developed (learning difficulties, ASD, intellectual disability, mental and conduct disorders) individuals, age range from nursery school to higher education and in different subjects, such as English and Greek Language, French, German, Mathematics, History, Geography, Music, and Pedagogy
 - 2019**
 - Panel Judge of undergraduate poster presentations, Undergraduate Psychology Posters, Kingston University London (March 28)
 - 2018 - 2019**
 - Special Needs Assistant and Supervisor, Hinchley Wood Primary School (autism, intellectual disability, learning difficulties and mental health and conduct disorders, social stories, and LEGO therapy)
 - 2018**
 - Examiner of MSc and BSc students in “Biological Psychology, BPP – London Waterloo University
 - 2017-2018**
 - Teacher in a class of students from different educational levels (Year 2 – Year 6), Greek Orthodox School of St Constantine and Helen, Westow St, London
 - 2017**
 - Year 1 volunteer teaching assistant, St George Greek Orthodox School, Kingston, London
 - Year 2 and Year 5 volunteer teaching assistant, Epsom Primary School
 - 2014**
 - Seminar leader of educational courses in nutrition delivered to primary and secondary students with and without SEND, Department of Food Technology, School of Agriculture, Aristotle University of Thessaloniki
 - 2013**
 - Teacher of students with learning disabilities and mental health conditions, 80th Primary school, Thessaloniki, Greece (prerequisite of obtaining the MSc in Pedagogy with specialisation in “Special Education”)
 - 2012**
 - Year 2 teacher (six-month internship), 81st primary school, Thessaloniki, Greece (prerequisite of obtaining the Degree in Pedagogy; see “Education” section)
 - 2006–2007**
 - Music tutor, “Aristotle Conservatory”, Trikala, Greece (prerequisite of obtaining the degree of expert in Music Composition)
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Other Skills

- 09-10 Dec 2023** Online Certificate Course on Play Therapy for Children and Adolescents, <https://dikepsy.gr/>
DIKEPSY is an interdisciplinary research body that provides mental health support to children and adults with mental health disorders through valid scientific diagnosis and special supportive treatments. It also lifelong learning to psychotherapists, psychologists, and professionals in the field of mental health. DIKEPSY is an Accredited Psychoanalytic Training Institute (APTI) of the European Confederation of Psychoanalytic Psychotherapies (ECPA). It is also certified by the British Association for Counselling and Psychotherapy (BACP Organisational Membership Number: 275339).
- IT** International Diploma in IT Skills Standard – Full Certificate- University of Cambridge International Examination
- Languages**
- Greek (mother language)
 - English (C2 - Certificate of Proficiency in English, University of Michigan)
 - French (C2 - Diplôme De Langue Et Littérature Françaises 2eme Degré – Sorbonne C2)
- 2017** Children Safeguarding Training, Epsom Primary School, United Kingdom
- 2012 - 2014** Knowledge of Sign Language
- 2012** Certificate in Braille Reading and Writing
- Artistic** Degree in Music Composition, Piano

Other Awards and Achievements

- 1st prize in the 7th European Student Competition on the Ancient Greek Language and Literature
 - 1st prize awarded for the highest mark in school examinations at the end of General Gymnasium (Greek High School)
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References

Available upon request

Enhanced DBS Disclosure