

Dr Ifigeneia Manitsa PhD AFHEA

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Academic Appointments

Sep 2022 - Research Fellow in Youth Mental Health, Institute for Mental Health,
Present School of Psychology, University of Birmingham

Education

Oct 2017 – Ph.D. in the Department of Psychology, School of Law, Social and
Nov 2022 Behavioural Sciences within the Faculty of Business and Social Sciences,
Kingston University London, United Kingdom.

Thesis title: The social inclusion of adolescents with visual impairments: a multidimensional approach.

Supervisors: Dr Fiona Barlow-Brown, Emerita Professor Evanthia Lyons, Dr Maria Livanou

Jan 2019 - Associate Fellowship of the Advance HE (formerly Higher Education
Jun 2019 Academy)

Nov 2013 - MSc in Pedagogy
Apr 2016 Primary field: Special Education, Department of Philosophy and Pedagogy,
Aristotle University of Thessaloniki, Greece.

Dissertation title: The experiences of studies in higher education from the perspective of students with visual impairments.

Grade: 9.20/10 (1st)

Supervisor: Dr Maro Doikou

Oct 2009 - Degree in School of Primary Education, Aristotle University of Thessaloniki,
Jul 2013 Greece.

Grade: 8.02/10 (2:1)

Funding and Awards

- Jan 2023** **Conference Travel Fund, School of Psychology, University of Birmingham**
Grant amount: £165
- Dec 2022** **Public Engagement Fund, University of Birmingham**
Grant amount: £1990
Project title: Meeting the social-emotional needs of adolescents with sight impairment and preventing school exclusion: The development of a digital intervention based on an adolescent and adult advisory group
Role: Principal Investigator (PI)
- Sep 2022** **Santander Universities**
Developing Minds Lab, Kingston University London
Grant amount: £20,750
Project title: Supporting autistic students in higher education
Role: Developing Minds Lab Member
- Sep 2022** **Conference Travel Fund, School of Psychology, University of Birmingham**
Grant amount: £540
- Sep 2022** **Conference Travel Fund, Institute for Mental Health, University of Birmingham**
Grant amount: £815
- Feb 2022** **‘Making the Future’: An interdisciplinary series of postgraduate conferences at Kingston**
Kingston University London
Grant amount: £900
Role: Co-Organiser
- July 2021** **Academic Impact Award Nominee**
Finalist for the Best Postgraduate Teacher Award Kingston University London based on BSc and MSc students’ nominations for exceptional teaching
- May 2021 – Jul 2021** **Equality Diversity and Inclusion Research Fund (ediRF)**
School of Law, Social and Behavioural Sciences, Kingston University London
Grant amount: £4,5k
Project title: Exploring the service experiences of LGBTQ+ youth with special education needs and disabilities: A multi-perspective focus group study
Role: Co-Investigator
- Jan 2021 - July 2021** **GRS Activity Support Fund Award**
Graduate Research School, Kingston University London
Grant amount: £200

- Jan 2020 – Jan 2021** **Sight for Surrey Vision Rehabilitation Services - RCP 10157**
 The National Lottery Community Fund and Sight for Surrey
 Grant amount: £10k
Project title: How do specialist vision rehabilitation services impact the lives of children and adolescents with visual impairments?
 Role: Co-Investigator
- Apr 2020 – Jul 2020** **“Research during lockdown” Fund**
 Faculty of Business and Social Sciences, Kingston University London
 Grant amount: £600
Project title: The impact of COVID-19 outbreak on young adults’ alcohol and cigarette consumption
 Role: Co-Investigator
- 2019** **PhD Research Grant**
 Sir Richard Stapley Educational Trust
 Grant amount: £1000
- 2019** **1st prize for the Best New Researcher**
 10th Annual Faculty of Business and Social Sciences (FBSS) Conference, Kingston University London
Paper: Self-concept in adolescents with visual impairments
- 2013** **Came first after written and oral examinations, in the field of Special Education**
 MSc of Pedagogy
 Aristotle University of Thessaloniki, Greece (2013)

Publications

Peer-reviewed publications

- Manitsa, I. & Barlow-Brown, F. (2022). The role of habilitation services in the lives of children and adolescents with visual impairments. *British Journal of Visual Impairment*. <https://doi.org/10.1177/02646196221144870>
- Montague, A., Manitsa, I. & Barlow-Brown, F. (2022). A qualitative insight into factors pertaining to alcohol consumption among young adult women during the COVID-19 outbreak. *Emerging Adulthood*, 10(2), 511-518. <https://doi.org/10.1177%2F21676968211067327>
- Manitsa, I. & Doikou, M. (2020). Social support for students with visual impairments in educational institutions: an integrative literature review. *British Journal of Visual Impairment*, 40(1), 29-47. <https://doi.org/10.1177%2F0264619620941885>
- Manitsa, I., Barlow-Brown, F., & Lyons, E. (2019). Self-concept of adolescents with visual impairments. *British Journal of Visual Impairment*, 38(2), 160-167. <https://doi.org/10.1177/0264619619883900>

Manuscripts Under Review

- Manitsa, I. & Barlow-Brown, F. (2023). Revisiting the “interactive” hypothesis in adolescents with vision impairment: the relationship between school belonging and self-esteem.
- Manitsa, I., Barlow-Brown, F. & Livanou, M. (2022). Evaluating the role of social inclusion in the self-esteem and academic inclusion of adolescents with vision impairment: A multi-method research approach.
- Livanou, M., Bull, M.*, Manitsa, I.*, Hunt, J., Lane, R., Heneghan, A. (2022). Coproducing a complex psychosocial intervention during Covid-19 with young people transitioning from adolescent secure hospitals to adult services in England: moving Forward intervention (MFi). *Second authorship; authors contributed equally

Manuscripts in Preparation

- Manitsa, I. (2023). Defining the social inclusion of adolescents with vision impairment through the development of a socio-ecological model and examining the relationship between school engagement and social competence.
- Morales-Munoz, I., Manitsa, I., Broome, M., Bagshaw, A., Marwaha, S. & Gregory, A. (2023). Night-time sleep duration and sleep timing across childhood and adolescence in a population-based study in the UK: sleep trajectories and early life risk factors.
- (*PROSPERO protocol*) Heneghan, A., Manitsa, I., Livanou, M. Adolescents’ and emerging adults’ experiences of having a brother or sister with an eating disorder: a systematic review. PROSPERO 2021 CRD42021253750 Available from: https://www.crd.york.ac.uk/prospéro/display_record.php?ID=CRD42021253750

Non-Peer Reviewed Publications

- Vandrevalla, T., Harries, P., Morrow, E., Manitsa, I., Ross, F., Brearley, S. (2022a) *Building a university-wide network for underserved communities: Enhancing research and knowledge exchange*. Research report. Kingston University, London.
- Vandrevalla, T., Harries, P., Morrow, E., Manitsa, I., Ross, F., Brearley, S. (2022b) *Building a University-wide Public Engagement Network for Underserved Communities*. Annotated Bibliography. Kingston University London.
- Manitsa, I & Barlow-Brown, F. (2021). End of award report to Sight for Surrey: “*If I wasn’t with Sight for Surrey or we didn’t have this support from Sight for Surrey, I don’t think I would be where I am right now*”: *The role of vision habilitation services in the lives of children and adolescents with visual impairments*. London, UK: Sight for Surrey.
- Manitsa, I. (2020). *Social inclusion of adolescents with visual impairments: From Research to Practice*. VIEW: The professional association of the vision impairment education workforce.
- Manitsa, I. (2019). *Social Inclusion*. Developing Minds: Exploring Cognitive Diversity. Retrieved from <http://bit.do/aprilnewsletter2019>

Peer-reviewed Conference Papers

- Heneghan, A., Manitsa, I., Livanou, M. (31 May – 3 June 2023). *Individuals’ experiences of having a sibling with an eating disorder: a systematic review*. Oral

presentation at the International Conference of Eating Disorders, Washington DC, USA.

- Heneghan, A., Manitsa, I., Livanou, M. (16 – 17 March 2023). *“How do siblings’ experience their brother’s or sister’s eating disorder?: a systematic review”*. Oral presentation at the London Eating Disorder Conference, London, UK.
- Manitsa, I. (10 November 2022). *The development of social relationships at school and their impact on the academic inclusion of adolescents with visual impairments*. Oral presentation at the 3rd Panhellenic School Psychology Conference; 10-13 November 2022, Thessaloniki, Greece.
- Manitsa, I. (14 September 2022). *The social inclusion, self-esteem and social competence of adolescents with visual impairments*. Oral presentation at the BPS Developmental Psychology Section Annual Conference 2022; 14-16 September 2022, Sheffield UK.
- Heneghan, A., Manitsa, I. & Livanou, M. (1 July 2022). *A systematic review into siblings’ experiences of having a brother or sister with an eating disorder*. Oral presentation at the FBSS Research Conference 2022; 1 July 2022, Kingston University London, UK.
- Livanou, M. (presenting author), Bull, M., Manitsa, I., Lane, R., Heneghan, A. (2022). Coproducing a psychosocial intervention with young people transitioning from adolescent secure hospitals to adult services in England: Moving Forward intervention. European Association for forensic Child & Adolescent Psychiatry, Psychology EFCAP 2022; 18-20 May 2022 (online).
- Heneghan, A. (presenting author), Manitsa, I., Livanou, M. (2022). *Siblings’ Experiences of Having a Brother or Sister with an Eating Disorder*. Poster presentation at the European Psychiatric Association (EPA), 30th European Congress of Psychiatry, 2-5 April 2022, Budapest, Hungary.
- Manitsa, I. & Sight for Surrey (24 November 2021). *Learning from COVID-19 Pandemic: Positive Examples of Habilitation Services Development and Adaptation to the Needs of Children, Young People and Their Families*. Oral presentation at the Visionary Annual Conference 2021: Rainbows, Disruptions and Transformations; 24-26 November 2022 (online).
- Manitsa, I. (4 August 2021). *How Do Specialist Vision Rehabilitation Services Impact the Lives of Children and Adolescents with Visual Impairments? A Case Study Approach*. Oral presentation at the Inclusive and Supportive Education Conference (ISEC); 3-5 August 2021; UCL Institute of Education (IOE; online).
- Manitsa, I. & Doikou, M. (4 August 2021). *Providing social support for students with visual impairments in educational settings: Findings from an integrative literature review*. Oral presentation at the Inclusive and Supportive Education Conference (ISEC); 3-5 August 2021; UCL Institute of Education (IOE), London.
- Manitsa, I. & Montague, A. (30 June 2021). *A qualitative insight into factors pertaining to alcohol and cigarette consumption among young adults during the COVID-19 outbreak*. Oral presentation at the Division of Health Psychology Annual Conference 2021; 29-30 June 2021, The British Psychological Society (BPS).
- Manitsa, I. (5 March 2020). *Social inclusion of adolescents with visual impairments: From research to practice*. Oral presentation at the 3rd PhD meeting between Kingston University and University of Gothenburg; 5 March 2020, Kingston University London, UK.

- Manitsa, I., Barlow-Brown, F. & Lyons, E. (3 June 2019). *Self-concept of adolescents with visual impairments*. Oral presentation at the 10th Annual Faculty of Business and Social Sciences Conference; 3-4 June 2019, Kingston University London, UK.
- Manitsa, I., (14 May 2018). *The importance of social inclusion in general schools to the self-concept of adolescents with visual impairment and their differences from sighted children*. Oral presentation at the Kingston University Postgraduate Research Conference; 14 May 2018, Kingston University London, UK.
- Manitsa, I. (10 May 2018). *The importance of social relationships with sighted peers to the self-concept of adolescents with visual impairment and the differences between both groups*. Oral and poster presentations at the "Listen to me" Multi-sensory Impairment Conference, Seashell trust Organisation; 10 May 2018, Manchester Conference Centre, UK.
- Manitsa, I. (presenting author) & Doikou, M. (26 November 2017). *The academic experiences of studies in higher education from the perspective of visual impaired students*. Paper presented at the 4th Pan-Hellenic Conference in Special Education with International Participation, "Modern Trends and Proposals in Special Education", The Company of Special Education in Greece; 23-26 November 2017, Harokopio University, Greece (published).
- Manitsa, I. (9 December 2016). *The experiences of studies in higher education from the perspective of students with visual impairment*. Oral presentation at the 4th Conference of Postgraduate Students in the field of Education, "New Voices 4"; 9-10 December 2016, Aristotle University of Thessaloniki, Greece.

Invited Talks

- Manitsa, I. (21 February 2023). *Exploring the inclusion and socio-emotional development of people with vision impairment*. Oral presentation at the Richard's lab (<https://carolinerichards.net>), School of Psychology, University of Birmingham, UK.
- Manitsa, I. (1 February 2023). *The socio-emotional development and educational inclusion of students with vision impairment*. Oral presentation at the IMH showcase session at Psyched@UoB, School of Psychology, University of Birmingham, UK.
- Manitsa, I. (27 January 2023). *Socio-emotional development of atypical populations with an emphasis on Vision Impairment*. Oral presentation at the Centre for Developmental Science (CDS) Neurodiversity Workshop, School of Psychology, University of Birmingham, UK.
- Manitsa, I. (26 November 2022). *Conceptualising social inclusion and finding new ways to move forward*. In-person workshop at Vision Impairment Centre for Teaching and Research (VICTAR) Weekend Residential 26-27 November, School of Education, University of Birmingham, UK.
- Manitsa, I. (25 September 2021). *Examining the socio-emotional and educational development of adolescents with vision impairment*. Oral presentation at the Nystagmus Network Virtual Open Day 2021, Nystagmus Network, London, UK.
- Manitsa, I. (2020). *Doing research with vulnerable populations*. Oral presentation at the First Annual PhD Autumn Symposium, Department of Psychology, Kingston University London.
- Manitsa, I. (24 January 2020). *Enterprise and Entrepreneurship Education: Students with Special Educational Needs*. Oral remote presentation at the "Innovation and

Entrepreneurship in School” event, IYDU (International Young Democrat Union), Larissa, Greece (online presentation).

*The Prime Minister of Greece, Mr Kyriakos Mitsotakis, decided to include youth entrepreneurship as a subject in all schools in the country, after the proposals discussed in the “Innovation and Entrepreneurship at School” event.

- Manitsa, I. (19 November 2019). *The role of social inclusion in the self-esteem of adolescents with visual impairments*. Research Unlocked Day, Whitefield Academy Trust, London.
- Manitsa, I. (21 May 2019). *The self-concept of adolescents with visual impairments*. Oral presentation at the British Psychological Society (BPS) Postgraduate Meeting, London, UK.
- Manitsa, I. (30 October 2018). *Social inclusion and the differences in self-concept between adolescents with visual impairments and their sighted peers*. Poster presentation at "Sensing Nature: Wellbeing with nature and sight impairment" Exhibition, London, UK.
- Manitsa, I., Barlow-Brown, F. & Lyons, E. (21 February 2018). *The role of friendship and the importance of social relationships on students with visual impairments and their sighted peers*. Poster presentation at the “Children, Tablets and iPads: Concerns and New Possibilities” Open Lecture with Prof. David Messer and the CDLD lab, Kingston University London.
- Manitsa, I. (2014). *The Interdisciplinary school project " Nazism: The black pages of the History"*. Oral presentation at the “School Projects about Nazism” Day Conference, Department of Philosophy and Pedagogy, Aristotle University of Thessaloniki, Greece.

Media Appearance

- Manitsa, I. (23 January 2023). “Social support for students with visual impairments in educational institutions: An integrative literature review”. In *PodScholars*. <https://podscholars.com/podcast/Ifigeneia-Manitsa-63cea18f1ca99faa9d9d663c/social-support-for-students-with-visual-impairments-in-educational-institutions-an-integrative-literature-review>
 - Interview on Emotional Abuse in the working and school environment. “PolitikoLOGOS” Live Radio, Greece (10/02/21).
 - PhD research featured on RNIB’s (Royal National Institute of Blind People) Connect Radio (12/11/20).
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Research Experience

Proficient User of advanced quantitative (SPSS, PROCESS, JASP, R) and qualitative research and analysis (Thematic Analysis, Conversation Analysis, Framework Analysis, IPA). Experienced in systematic and integrative reviews, meta-analyses, and experimental delivery software, such as Qualtrics, Gorilla and PsychoPy, and other research software, such as Zotero and Endnote.

Active Research Projects

- Nov 2022 Present** - **Principal Investigator (PI), Institute for Mental Health, School of Psychology, University of Birmingham**
Project title: Developing university guidance for the socio-emotional needs of students with vision impairment
 Co-investigators: Dr Fiona Barlow-Brown (Kingston University London), Dr Rachel Hewett (University of Birmingham), Dr Mhairi Thurston (Abertay University), Professor John Ravenscroft (University of Edinburgh), Dr Joao Roe (Sensory Support Service in Bristol)
 Tasks: setting up the research team, external grant application, ethics application, contact with national organisations and professional services, preparation of qualitative materials, supervision of the Research Associate (RA) of the project, development and chairing of visually impaired adult advisory group, thematic and content analysis, writing of reports and peer-reviewed papers, organisation of dissemination event (liverstreamed workshop)
- Sep 2022 Present** - **Principal Investigator (PI), Institute for Mental Health, School of Psychology, University of Birmingham**
Project title: Meeting the social-emotional needs of adolescents with sight impairment and preventing school exclusion: the development of a digital intervention based on adolescent and adult advisory groups
 Co-investigators: Dr Maria Livanou (King's College London), Dr Stephanie Burnett Heyes (University of Birmingham), Dr Vedad Hulusic (Bournemouth University), Dr Huiwen Zhao (Bournemouth University), Professor Muthanna Samara (Kingston University London), Mr Alberto De Caro (Bournemouth University)
 Tasks: setting up the research team, internal grant application, ethics application, contact with national organisations and professional services, preparation of quantitative and qualitative materials, interviews with visually impaired adolescents, thematic analysis, game storyline, supervision of the Research Assistant (RA) who designs Regoal, drafting report and peer-reviewed paper, organisation of dissemination event (webinar)
- Sep 2022 Present** - **Research Fellow and Data Analyst, Institute for Mental Health, School of Psychology, University of Birmingham**
Project title: Nationally representative general population survey of substance use and addictive behaviours in the UK
 PI: Dr Ed Day (Institute for Mental Health, University of Birmingham)
 Co-investigator: Dr Amanda Fearley (Institute of Applied Health Research, University of Birmingham)
 Tasks: analysis of quantitative and qualitative data, drafting multiple peer-reviewed papers
- Oct 2022 Present** - **Research Fellow, Institute for Mental Health, School of Psychology, University of Birmingham**
Project title: Biopsychosocial model of risk and resilience
 PI: Dr Maria Dauvermann (Institute for Mental Health, University of Birmingham)
 Tasks: liaising with participants, data collection (interviews)

Jan 2022 – Present – **Co-Investigator and Game Developer (also part time research position at Kingston University from January to June 2022 and King’s College from November 2022 to January 2023)**

Project title: Addressing behavioural problems to improve daily life for families and young people with the use of Regoal game-based intervention: a pilot and feasibility study in an underserved London borough

PI: Dr Maria Livanou (King’s College London)

Co-investigators: Dr Vedad Hulusic (Bournemouth University), Professor Muthanna Samara (Kingston University London), Dr Huiwen Zhao (Bournemouth University)

Tasks: ethics application, preparation of quantitative and qualitative materials, survey and focus groups with adolescents, game storyline, mixed-method data analysis, writing of peer-reviewed papers, co-organisation of dissemination events

Aug 2022 - Present – **External Collaborator**

Project title: Wellbeing and experiences of autistic students in Higher Education

PIs: Dr Elisa Back and Professor Helen Laville (Kingston University London)

Tasks: preparation of qualitative research materials (interview schedule), co-organisation of peer networking events, training of autistic undergraduate researchers (systematic reviews, qualitative research and analysis)

Completed Research Projects

Mar 2021 – Sep 2022 – **Co-Investigator**

Project title: Siblings’ experiences of having a brother or sister with an eating disorder: a mixed-methods systematic review

PI: Anya Heneghan (PhD Student, King’s College London)

Supervisor: Dr Maria Livanou (Kings College London)

Tasks: systematic review, dissemination of findings through conference presentation and writing of peer-reviewed paper

- May 2022 – Aug 2022** – **Research Fellow, Faculty of Health, Science, Social Care and Education, Kingston University London**
Project title: Strategy to develop a University-Wide Underserved Community Public Engagement Group
 PIs: Professor Tushna Vandrevala (Kingston University London) and Professor Cilla Harries (Kingston University London)
 Co-investigators: Dr Elizabeth Morrow (Research Support NI, Northern Ireland), Emerita Professor Fiona Ross (Kingston University London), Ms Sally Brearley (Kingston University London)
 Tasks: ethics application, preparation of quantitative and qualitative materials, one-to-one interviews and consultation discussions with university staff and community members, framework analysis, writing of the report
- Jun 2021 – Jul 2021** – **Research Assistant, Department of Psychology, Kingston University London**
Project title: The role of reputation in sequential moral decisions: A meta-analysis of the moral cleaning, moral licensing, foot-in-the-door, and door-in-the-face effects
 PI: Dr Amanda Rotella (Northumbria University)
 Research team: Dr Pat Barclay (University of Guelph), Mrs Sharmistha Chaudhuri (Kingston University London)
 Tasks: coding for systematic review
- Apr 2021 – Jul 2021** – **Co-Investigator and Research Coordinator, Department of Psychology, Kingston University London**
Project title: Exploring the service experiences of LGBTQ+ youth with special educational needs and disabilities: A multi-perspective focus group study
 PIs: Dr Maria Livanou (King's College London), Dr Fiona Barlow-Brown (Kingston University London)
 Co-Investigator: Ms Amy Montague (Kingston University London)
 Tasks: ethics application, preparation of qualitative materials, one-to-one interviews with LGBTQ+ young people with SEND and professional services
- Feb 2020 – Jan 2021** – **Co-Investigator and Research Coordinator, Department of Psychology, Kingston University London**
Project title: How do specialist vision (re)habilitation services impact the lives of children and adolescents with visual impairments?
 PI: Dr Fiona Barlow-Brown
 Tasks: ethics application, preparation of qualitative materials, one-to-one interviews with children, adolescents, parents and professional services, thematic analysis, writing of the report and paper, dissemination of findings through conferences and webinars

- Apr 2019 – Principal Investigator, Department of Psychology, Kingston
May 2020 University London**
Project title: Social support for students with visual impairments in educational institutions: An integrative literature review
 Co-Investigator: Dr Maro Doikou (Aristotle University of Thessaloniki)
 Tasks: integrative review, writing of the paper, dissemination of the findings through conference presentation
- Apr 2020 – Principal Investigator, Department of Psychology, Kingston
Dec 2020 University London**
Project title: Factors which explain alcohol and cigarette consumption among young adults during the COVID-19 outbreak
 Other PIs: Ms Amy Montague, Dr Fiona Barlow-Brown
 Tasks: ethics application, preparation of qualitative materials, one-to-one interviews with young people aged 18-25, thematic analysis, writing of the paper, dissemination of the findings through conference presentation
- Jan 2014 – Research Assistant, School of Philosophy and Education, Aristotle
Dec 2014 University of Thessaloniki**
Project title: The research of Critical Peace Education: Types of violence in high school. A case study – The research of university students
 PI: Kyriakos Bonidis, Associate Professor, School of Philosophy and Education, Aristotle University of Thessaloniki
 Tasks: one-to-one interviews with teachers

Academic Teaching Responsibilities

- Jan 2023 – Guest Lecturer, Department of Psychology, Kingston University
Mar 2023 London**
- Development in Typical and Atypical Populations (PS7006 – MSc Child Psychology)
- Lectures titles:*
- a) *Typical social and academic inclusion*
 - b) *Atypical social and academic inclusion with an emphasis on visual impairment*
- The Person in Psychology (PS7003 – MSc Psychology Conversion Course)
- Lecture titles:*
- a) *Adolescent development and the effect of social environment*
 - b) *Friendship development and types of bullying*

- Jan 2022 – Jul 2022** **Module Convenor, Department of Organizational Psychology, Birkbeck, University of London**
- Workplace Health and Management (BUOB095HA - Level 4), one-term module (*including the marking of case study reports*)
- Seminar Leader, Department of Organizational Psychology, Birkbeck, University of London**
Work & Well Being (MOOP008H7 – Level 7), one-term module (*including the marking of professional reports*)
- Sep 2021 – Jul 2022** **Associate Lecturer, Department of Psychology, London Metropolitan University**
- Semester 3**
- Child Development and Behaviour (PC4053 – Level 4)
 - Personality (PC4052 – Level 4)
- Semester 2**
- Psychology of Learning and Education (PY7021 – Level 7; PC6055 - Level 6)
 - Social and Cultural Understanding of Us and Others (PC5067 - Level 5)
 - Social Influences on Thinking and Behaviour (PC4055 - Level 4)
 - Cognition and Behaviour (PC4054 - Level 4)
 - Foundations of Research in Psychology (PC3003 – Level 3; *including the moderation of quantitative and qualitative lab reports*)
 - Psychology of Everyday Life (PC3002 - Level 3)
- Semester 1**
- Development Across the Lifespan (PC5055 – Level 5)
 - Individual Differences (PC5056 – Level 5)
 - Personality (PC4052 – Level 4)
 - Child Development and Behaviour (PC4053 – Level 4; *including the marking of marking of academic essays on attachment styles*)
- May 2022** **Guest Lecturer, ICPS, College for Humanistic Sciences (ICPS is an international partner of UCLAn since 2007)**
- Advanced Developmental Psychology Project (*PS4906 – MSc Child Psychology*)
- Lecture title: Cyberbullying; tips to protect and support students*
- University Grader of postgraduate assignments on qualitative research and analysis (MSc Child Psychology), ICPS, College for Humanistic Sciences**
- Sep 2018 – Mar 2022** **Hourly Paid Lecturer and Seminar Leader, Department of Psychology, Kingston University London**
- Methods and Statistics for MSc Psychology Conversion course (PS7001 - Level 7), two-term module (*including the marking of quantitative and qualitative lab reports*)

- Psychology Research Methods 2 (PS5001 - Level 5), two-term module (*including the marking of online tests and quantitative and qualitative lab reports*)
- Psychology Research Methods 1 (PS4001 - Level 4), two-term module (*including the marking of quantitative and qualitative lab reports*)
- Advanced Developmental Psychology (PS6002 - Level 6), two-term module (*including the marking of academic essays on infant cognition*)
- Advanced Issues in the Psychology of Thinking (PS6008 - Level 6), two-term module
- Social, Individual and Developmental Psychology (PS5002 - Level 5), two-term module (*including the marking of academic essays on language development*)

Guest Lecturer, Department of Psychology, Kingston University London

- Development in Typical and Atypical Populations (PS7006 – MSc Child Psychology)

Lecture title: Blind Children's Socioemotional Development

- The Person in Psychology (PS7003 - Level 7)

Lecture title: Bronfenbrenner's Socioecological Model

- Forensic Mental Health & Criminal Behaviour (PS5010 – Level 5)

Lecture title: Alumni-Career Pathways

- Foundations of Psychology (PS4002 - Level 4)

Lecture title: Lessons from Evolution (evolutionary theory, natural selection, notion of fitness and applications)

Mar 2020 – University Grader in Psychology modules, Department of Psychology, Kingston University London

Aug 2020

- Mental Health and Brain Function (PS5008 - Level 5) – *marking university assignments on Schizophrenia*
- Historical and Philosophical Concepts in Psychology (PS4003 - Level 4) – *marking university assignments on Freud and internationalisation*
- Practical Research Skills (FY3002 - Level 3) – *marking academic posters*

Supervision and Mentorship

Three BSc dissertations

ICPS College for Humanistic Sciences (Jan 2022 – Apr 2022)

- Anastasios Maragkoulias, BSc Forensic Psychology (Main Supervisor)
- Alicia Tampakou, BSc Psychology (Main Supervisor)
- Vasiliki Tigkilian, BSc Psychology with Psychotherapy & Counselling (Main Supervisor)

16 MSc dissertations (six main supervisions and 10 co-supervisions)

ICPS College for Humanistic Sciences (Jan 2022 – Aug 2022)

- Lydia-Xanthi Athanasiou, MSc Psychology of Child Development (Main Supervisor)
 - Ckikonti Krisianta, MSc Psychology of Child Development (Main Supervisor)
 - Maria Lagou, MSc Psychology of Child Development (Main Supervisor)
 - Eleni Nikola, MSc Psychology of Child Development (Main Supervisor)
 - Georgia Malamateniou, MSc Psychology (Conversion) (Main Supervisor)
 - Angelos Adamopoulos, MSc Psychotherapy (Cognitive Behavioural Therapy) (Main Supervisor)
 - Eirini Cheimonidou, MSc Forensic Psychology (Co-Supervisor)
 - Vasiliki Kontopoulou, MSc Psychology of Child Development (Co-Supervisor)
 - Elisavet Siapekidou, MSc Psychology of Child Development (Co-Supervisor)
 - Jamila Maria Eleni Mavropulu, MSc Clinical Psychology (Co-Supervisor)
 - Dimitrios Starakis, MSc Clinical Psychology (Co-Supervisor)
 - Pavlina Kyriakou, MSc Systemic Psychotherapy (Co-Supervisor)
 - Ioanna-Maria Markaki, MSc Systemic Psychotherapy (Co-Supervisor)
 - Andromachi Sdoukou, MSc Systemic Psychotherapy (Co-Supervisor)
 - Sofia-Ioanna Tseferidi, MSc Systemic Psychotherapy (Co-Supervisor)
 - Aikaterini Tsireka, MSc Systemic Psychotherapy (Co-Supervisor)
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Organisation and Delivery of Public Engagement Events

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| 2022 | <ul style="list-style-type: none"> • Co-organisation and delivery of the FBSS Conference, Kingston University London (July 1) • Co-organisation and delivery of the community engagement workshops “<i>When things can go wrong in intimate relationships: Raising awareness</i>” and “<i>Let’s create healthy eating habits</i>”, St. Vincent’s Family Project: Creating Community with Children and Family in Westminster https://www.svfp.org.uk/ (May 26) • Co-organisation and delivery of the Postgraduate Conference “<i>Institutional and self-stigma amongst children and adolescents with additional and complex mental health needs as a barrier to accessing services</i>”, Kingston University London (March 7)
<i>Presentation title: Shining the Light on Mental Health Stigma: Making the Future</i> |
| 2021 - 2022 | <ul style="list-style-type: none"> • Co-organisation and delivery of the Pint of Science event (worldwide science festival), Kingston University London |
| 2018 - 2022 | <ul style="list-style-type: none"> • Co-organisation and delivery of the “Young Scientists Days” event, Kingston University London
<i>*Annual event where children and adolescents participate in developmental research tasks</i> |
| 2021 | <ul style="list-style-type: none"> • Co-organisation of the FARO (Faculty Research Online) seminars, FBSS, Kingston University London (over the year) |

- Delivery of the “Developing Minds: Research Networking Event”, Kingston University London (December 8)
- Co-organisation and delivery of the webinar “COVID-19: Perspectives from across the lifespan”, Festival of Research, Kingston University London (March 31)

Presentation title: The importance of providing support to students, their teachers, and caregivers – The role of habilitation services

- Organisation and delivery of the webinar “Doing Psychology Research in the Field of Mental Health: A Multifaceted Discussion on the Impact of our Projects”, Festival of Research, Kingston University London (March 29)

Presentation title: The social inclusion of adolescents with visual impairments – A multidimensional approach

- Co-organisation and delivery of the webinar “Emotional trauma in the time of Covid-19. Why now?”, Kingston University London (March 10)

Presentation title: Cyberbullying in the shadows of homeschooling during COVID-19 - Tips to protect and support students

- Organisation and delivery of the webinar “The impact of COVID-19 on children and their caregivers: an international perspective”, Developing Minds Lab, Kingston University London (February 3)

Presentation title: The importance of providing support to students, their teachers, and caregivers – Tips for homeschooling

2017

- Co-organisation of the “Summer School 2017: Doing and Communicating Qualitative Research”, Kingston University London (July 17-20)
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Peer Review

- Grant Reviewer the Czech Science Foundation (GACR) - Department of Social Sciences and Humanities
 - Invited Peer Reviewer for the Journal of Health Psychology, Contemporary Social Science: Journal of the Academy of Social Sciences, British Journal of Visual Impairment (BJVI)
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Professional Affiliations and Research Group Memberships

- Member of the Hellenic Psychological Society <https://elpse.com/>
- Associate Fellowship - Advance HE (formerly Higher Education Academy)
- QTS (Qualified teacher status) certification
- Sight Loss Research Network organised by Dr Hazel McFarlane (Senior Sensory Hub Officer) and Dr Mhairi Thurston (Senior Lecturer in Abertay University)
- Developing Minds Lab, Developmental Psychology Research Group, Kingston University London

Other Professional Experience

- 2020-2022**
 - Volunteer English teacher, Greek Orphanage for Girls “Melissa” (online teaching)
 - 2017-2021**
 - Year 2 Teacher, Greek Orthodox School of St Barnabas, Wood Green, London
 - 2012-2021**
 - Private tutor of various typical and atypical developed (learning difficulties, ASD, intellectual disability, mental and conduct disorders) individuals, age range from nursery school to higher education and in different subjects, such as English and Greek Language, French, German, Mathematics, Music and Pedagogy
 - 2019**
 - Panel Judge of undergraduate poster presentations, Undergraduate Psychology Posters, Kingston University London (March 28)
 - 2018 - 2019**
 - Special Needs Assistant and Supervisor, Hinchley Wood Primary School
 - 2018**
 - Examiner of MSc and BSc students in “Biological Psychology, BPP – London Waterloo University
 - 2017-2018**
 - Teacher in a class which consisted of students from different educational levels (Year 2 – Year 6), Greek Orthodox School of St Constantine and Helen, Westow St, London
 - 2017**
 - Year 1 volunteer teaching assistant, St George Greek Orthodox School, Kingston, London
 - Year 2 and Year 5 volunteer teaching assistant, Epsom Primary School
 - 2014**
 - Seminar leader of educational courses in nutrition delivered to primary and secondary students with and without SEND, Department of Food Technology, School of Agriculture, Aristotle University of Thessaloniki
 - 2013**
 - Teacher of students with learning disabilities and mental health issues, 80th Primary school, Thessaloniki, Greece (prerequisite of obtaining the MSc in Pedagogy with specialisation in “Special Education”)
 - 2012**
 - Year 2 teacher (six-month internship), 81st primary school, Thessaloniki, Greece (prerequisite of obtaining the Degree in Pedagogy; see “Education” section)
 - 2006–2007**
 - Music tutor, “Aristotle Conservatory”, Trikala, Greece (prerequisite of obtaining the degree of expert in Music Composition)
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References

Available upon request

Enhanced DBS Disclosure